

# *Lifeline Coaching*

*...it can make a huge difference in your life!*

This world is quickly becoming an anxious place to live in. Managing yourself in emotionally charged and highly stressful environments at work, home, school or in the community-at-large, is more than enough for any one person to overcome by themselves, and is the very reason why so many people need a lifeline. Lifeline Coaching is casting that lifeline which can keep you from drowning in your life challenges and circumstances. Some applicable areas include: *stress management, debt reduction, anxiety, anger management, 'PTSD', managing bullying at work or school, and even 'disordered thinking' associated with eating disorders.* Do you want to transform your life? The Lifeline Coaching Team can help! This program is the first of its kind in this area!

 Lifeline  Lifeline  Lifeline



**@ WORDS FOR LIFE MINISTRIES CHRISTIAN CENTER  
13 LAKESIDE LANE, SEWELL, NJ 08080**

**Saturday, April 7, 2018 at 10AM - Noon**

**[Note: Light refreshments will be served]**

Come out to this free orientation session and learn 'one good reason' why Lifeline Coaching is for you! Also, bring a friend who you know might struggle with 'loss of peace', trauma from bullying, or behaviors associated with eating disorder, low self-esteem, or even shyness. [Note: There will be limited slots for enrollment into the Lifeline Program. Your entry into the program will be assessed after the orientation session.]



**[ Registration is required by emailing: [slc.fom@verizon.net](mailto:slc.fom@verizon.net) ]**

***Express your need in managing 'self' in highly emotionally-charged encounters!***

**RSVP – IF NEEDED, CONTACT PASTOR STEVE CARTER, MSOL, DIRECTOR, LIFELINE COACHING AT (856) 294-7908 WITH ANY OF YOUR QUESTIONS OR CONCERNS.**

**OTHER 'WORDS FOR LIFE' ACTIVITIES, OBSERVANCES, GATHERINGS & SERVICES:**

**SUNDAY MORNING SERVICES: 10AM–12PM (REFRESHMENTS SERVED)**

**SUNDAY SCHOOL 9AM-10AM (2<sup>ND</sup> & 4<sup>TH</sup> SUNDAYS ONLY)**

**WEEKLY BIBLE STUDY: THURSDAYS AT 7:00PM–8:00PM**

**OR VISIT THE WEBSITE: [WWW.WORDSFORYOURLIFE.ORG](http://WWW.WORDSFORYOURLIFE.ORG) AND SEARCH UNDER EVENTS.**